



Seasonal Plants and Pattern
A creative workshop with Helen Rhodes

Saturday 25th April or Saturday 11 July

10am - 4pm



Day Plan

- 09.45 Arrival & Refreshments.
- 10.00 Welcome and introductions.
- 10.15 Artist's 'show and tell' using own artworks, related art books and materials.
- 10.45 Helen will show you how to prepare paper for the days work and support you as you make initial experiments with pattern and shape using flowers and foliage as your inspiration.
- 12.15 A short guided walk around local gardens to explore and discuss the use of seasonal plants and pattern.
- 13.00 Two course lunch
- 13.45 Helen will coach you as you continue to create your own original artworks.
- 15.45 Group discussion and feedback



All materials and tools will be provided.

The Refectory Table



About Us

The Refectory Table is based in Loughborough, Leicestershire. We run creative business courses that help people raise their profile and build their track record. We also run Secret Crafts Fairs, and workshops led by creative people.

We open our garden to the public for the National Gardens Scheme (NGS) each year and love having people visit and enjoy the space.

We take a different approach to our courses, events and workshops - instead of using impersonal meeting spaces we run them in interesting and relaxed places, including our own home and garden, where it's easier for participants to learn and explore ideas creatively.

Add in superb delivery and good food shared with like-minded people and you have a memorable and far longer lasting experience.



A Few Details

Parking: Free parking is available.

By Rail: Taxis from the rail station are about £5 (it's a 5-10 min drive, a good 25 min walk, easy cycle after an initial incline). We can offer lifts back to the station at the end of the day.

What you'll need: Please bring a notepad and pen/pencil and dress comfortably. It will be a good idea to bring an apron.

What's provided: Materials. Refreshments. Seasonal two course vegetarian lunch. Home baked cake in the afternoon. Goodie bag.

Environment: We are hosting this event in a spacious Victorian terraced house and garden in the market town of Loughborough.